



For more  
information  
please visit  
[www.dcp.virginia.gov](http://www.dcp.virginia.gov)

**MYTH**

Children don't experience  
health problems.

**FACT**

Half of all mental health  
disorders show first signs  
before a person turns 14 years  
old, and three quarters of  
mental health disorders begin  
before age 24.

- MentalHealth.gov

